

# They Grew Up Reading and Writing: Authentic Preparation for College and Career

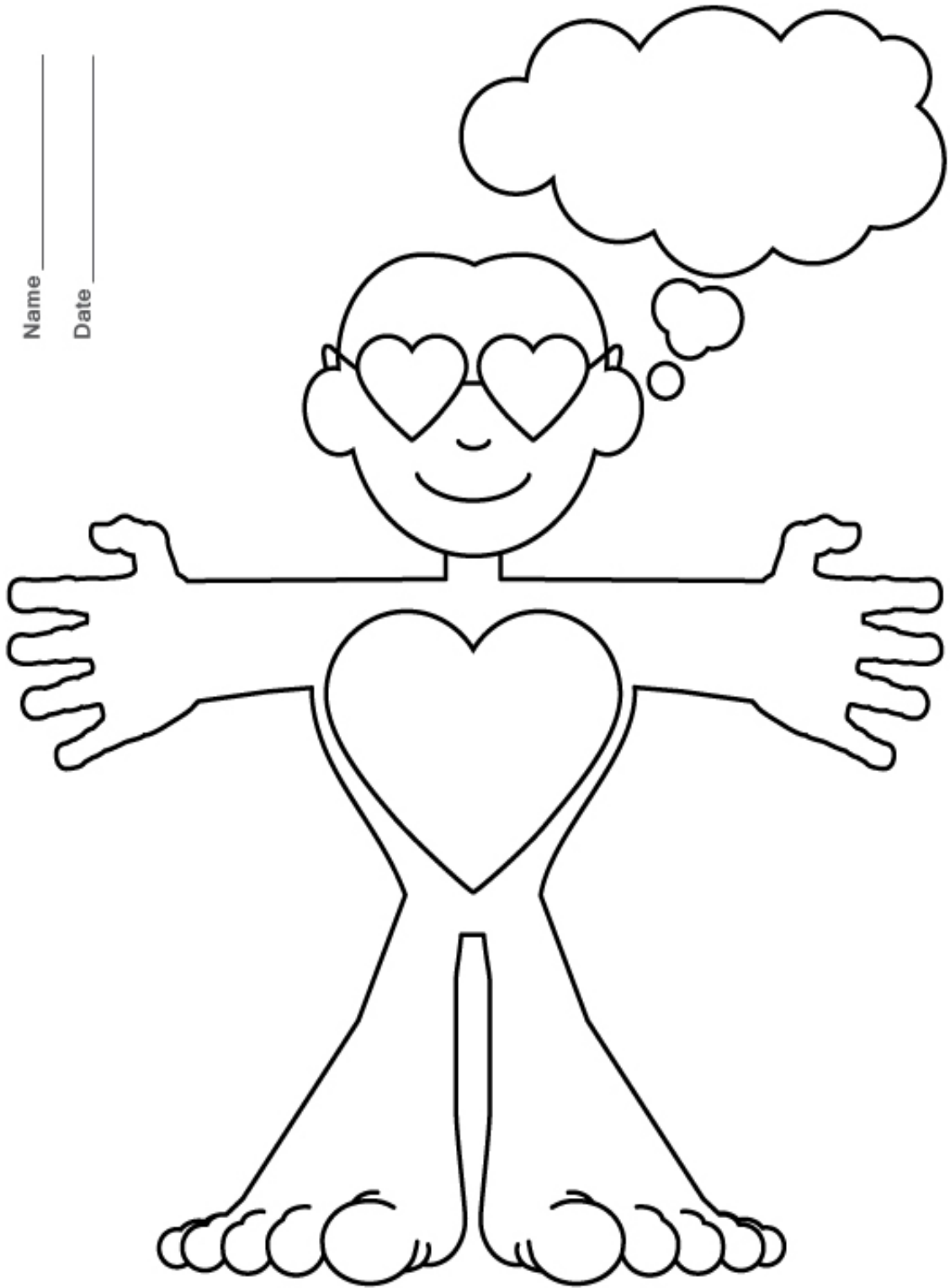
Presented by Jan Burkins and Kim Yaris  
Wisconsin State Reading Association 2017 Convention  
February 9-11, 2017

## The Heart, Head, Hands and Feet Lesson

<b>Purpose</b>	
<b>Long Range Purposes</b>	<b>Immediate Purposes</b>
<ul style="list-style-type: none"> <li>• To help students see connections between their actions today and their futures</li> <li>• To show students the ways in which informational texts can serve them</li> </ul>	<ul style="list-style-type: none"> <li>• To teach student to read texts closely to find text-based evidence for statements they make about the main character</li> <li>• To give students authentic reasons for reading complex informational text</li> </ul>
<b>Standards</b>	<b>Time Frame</b>
Reading Anchor Standards 1, 2, 3, 10	45-60 minutes
<b>Materials</b>	
A suitable biography or autobiography, chart paper and markers heart-shaped glasses, copy of graphic organizer	
<b>Procedure and Practice</b>	
<ol style="list-style-type: none"> <li>1. Put on heart-shaped glasses and explain to students the ways in which their hearts help them develop a vision for their futures.</li> <li>2. Read aloud a biography or autobiography of a passionate person who sets a clear goal for him- or herself based on that passion.</li> <li>3. As you are reading, or during a reread, look for evidence that answers the following questions. Write your findings on the graphic organizer.               <ul style="list-style-type: none"> <li>• What is the character’s passion? What does he or she love or love to do? (Write the subject’s loves/passions in the heart.)</li> <li>• What was this character’s vision for him- or herself? What did he or she imagine for the future? (Write the subject’s vision for his or her future in the thought bubble.)</li> <li>• What choices did the subject make, and what actions did he or she take to make the dream come true? (Write the subject’s choices and actions on the hands and feet.)</li> </ul> </li> </ol>	

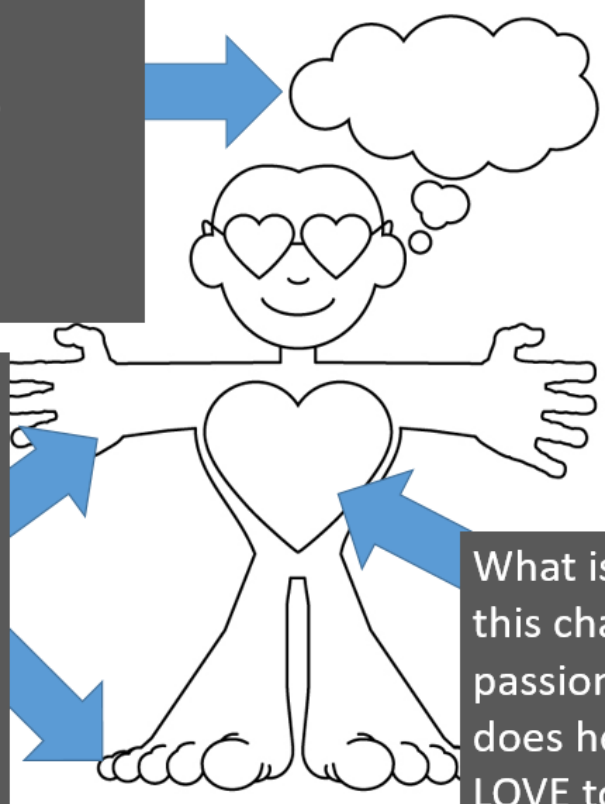
From *Reading Wellness: Lessons in Independence and Proficiency* by Jan Miller Burkins and Kim Yaris © Stenhouse 2014

Name \_\_\_\_\_  
Date \_\_\_\_\_



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What was this character's vision for him- or herself? What did he or she imagine for the future?



What choices did the subject make, and what actions did he or she take to make the dream come true?

What is this character's passion? What does he or she LOVE to do?

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